

### Allergens

| Dish  | Gluten              | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts                                     | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|---|---------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| Poke Salad Bowl (Takeaway, BBQ/Bowling)             | Y<br>Whe            |             |          |      | M       |       | M<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | M      | Y       | Y      | Y               |                   |
| Sweet Chilli Chicken Wrap (Takeaway, BBQ / Bowling) | Y<br>Whe            |             |          |      |         |       |   |      | Y    | Y    | Y      |         |        |                 |                   |
| Crispy Chicken Caesar Salad (Takeaway, BBQ/Bowling) | Y<br>Whe Rye<br>Bar |             |          | Y    |         |       | M<br>Alm Cas<br>Haz                           |      | Y    | Y    |        | Y       | M      |                 |                   |
| Beef Carvery  | Y<br>Whe Bar        |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Gammon Carvery                                      | Y<br>Whe Bar        |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Turkey Carvery                                      | Y<br>Whe Bar        |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Veg Tart Carvery                                    | Y<br>Whe Bar        |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |

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|------------------------------------|-------------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| Lido BBQ Cheese & Bacon Burger     | Y<br>Whe                |             |          |      |         |       |   | Y    | M    | Y    |        |         |        | Y               |                   |
| Lido BBQ Chicken Burger            | Y<br>Whe                |             |          |      |         |       |   | M    | M    | Y    |        | Y       |        |                 |                   |
| Lido BBQ Double                    | Y<br>Whe                |             |          |      |         |       |   | Y    | M    | Y    |        |         |        | Y               |                   |
| Lido BBQ Meatless Farm Burger      | Y<br>Whe                |             |          |      |         |       |   | M    | M    | M    | M      | Y       | M      |                 |                   |
| Lido BBQ Pulled Pork Burger        | Y<br>Whe                |             |          |      |         |       |   | Y    | M    | M    |        | Y       |        | Y               |                   |
| Chicken Strips                     | Y<br>Whe                |             |          |      |         |       |   |      |      |      | Y      | M       |        |                 |                   |
| Sticky Pork Bites, Soy & Hot Honey | M<br>Whe                |             |          |      |         |       |   | Y    |      |      | M      | Y       | Y      | Y               |                   |
| Sweet Chilli & Lime King Prawns    |                         | Y           |          |      |         |       |   |      |      |      | M      |         |        | Y               |                   |
| Creamy Garlic Mushrooms            | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | M    | M    | M    | M      | M       |        | Y               |                   |
| Lemon & Pepper Calamari            | Y<br>Whe                | M           | Y        | M    | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | M    | M    | M    | Y      | Y       |        | Y               |                   |
| Satay Oyster Mushrooms             | M<br>Whe                |             |          |      | Y       |       | M<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | M      | M       | Y      | Y               |                   |

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| Honey BBQ Chicken Wings            | Y<br>Whe     |             |          |      |         |       |   |      |      |      | M      | Y       |        |                 |                   |
| Nachos Grande                      |              |             |          |      |         |       |   | Y    |      | Y    |        |         | M      |                 |                   |
| Add Chicken Satay                  | M<br>Whe     |             |          |      | Y       |       | M<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | M      |         |        | Y               |                   |
| Add Mushroom Chilli                | M<br>Whe     |             |          |      | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | Y      |         |        |                 |                   |
| Ella's Kitchen Baby Brekkie Banana | Y<br>Oat     |             |          |      |         |       |   |      |      | Y    |        |         |        |                 |                   |
| Kids Beef Carvery                  | Y<br>Whe Bar |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Kids Gammon Carvery                | Y<br>Whe Bar |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Kids Turkey Carvery                | Y<br>Whe Bar |             |          |      |         |       |   | Y    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Kids Veg Tart Carvery              | Y<br>Whe Bar |             |          |      |         |       |   | M    | Y    | Y    | Y      | Y       |        | Y               |                   |
| Classic Dog                        | Y<br>Whe Rye |             |          |      |         |       |   |      | Y    | Y    |        | Y       | M      |                 |                   |
| Loaded Dog                         | Y<br>Whe Rye |             |          |      |         |       |   | Y    | Y    | Y    |        |         | M      |                 |                   |
| Fish & Chips                       | Y<br>Whe     |             |          | Y    |         |       |   | Y    | Y    | M    | M      | Y       |        | M               |                   |

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| Firecracker Sweet & Sour Glazed Sticky Chicken | Y<br>Whe                |             |          |      |         |       |   | Y    |      |      | M      | M       | Y      | Y               |                   |
| Southern Fried Chicken Schnitzel               | Y<br>Whe                |             |          |      |         |       |   |      |      | Y    |        |         |        |                 |                   |
| Chicken Tikka Alfredo, Penne Rigate Pasta      | Y<br>Whe                |             |          |      | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      | Y    | M      |         |        |                 |                   |
| Homemade Lasagne                               | Y<br>Whe Rye<br>Bar     |             |          |      |         |       | M<br>Alm Cas<br>Haz                           | M    | M    | Y    | Y      | M       | M      | Y               |                   |
| Mushroom Chilli Ragu                           | M<br>Whe                |             |          |      | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | Y      |         |        |                 |                   |
| Katsu Chicken Curry                            | Y<br>Whe                |             |          |      |         |       |   | Y    |      |      | M      | M       | Y      |                 |                   |
| Steak & Ale Pie                                | Y<br>Whe Bar            |             |          |      |         |       |   | M    | Y    | Y    | M      | M       |        | M               |                   |
| Steak Pie Choice Chunky Chips                  |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| Steak Pie Choice Mash Potatoes                 |                         |             |          |      |         |       |   |      |      | Y    |        |         |        |                 |                   |
| Vegan Lentil Moussaka                          | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | M    | M    | M    | M      | M       | M      | Y               |                   |
| Ella's Kitchen Chicken Rice Casserole          |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| BBQ Boneless Chicken Wings                     | Y<br>Whe                |             |          |      |         |       |   | M    | M    | M    | M      | Y       | M      |                 |                   |

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| Lemon & Pepper Boneless Chicken Wings  | Y<br>Whe                |             |          |      |         |       |   | M    | M    | M    | Y      | Y       | M      |                 |                   |
| Plain Boneless Chicken Wings           | Y<br>Whe                |             |          |      |         |       |   | M    | M    | M    | M      |         | M      |                 |                   |
| Bacon & Cheese Burger                  | Y<br>Whe                |             |          |      |         |       |   | Y    | Y    | Y    |        |         |        | Y               |                   |
| The Mighty Lido Double Burger          | Y<br>Whe                |             |          |      |         |       |   | Y    | Y    | Y    |        | Y       |        | Y               |                   |
| Chicken Satay Burger                   | Y<br>Whe                |             |          |      | Y       |       | M<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    | Y    | Y    | M      | Y       | Y      | Y               |                   |
| Fried Chicken Stack Burger             | Y<br>Whe                |             |          |      |         |       |   |      | Y    | Y    |        | Y       |        |                 |                   |
| Meatless Farm Burger                   | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    | M    | M    | M      | Y       | M      | Y               |                   |
| Extra Burger Patty 6oz                 |                         |             |          |      |         |       |   | Y    |      |      |        |         |        | Y               |                   |
| Ella's Kitchen Strawberries & Apples   |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| Ella's Kitchen Strawberry Greek Yogurt |                         |             |          |      |         |       |   |      |      | Y    |        |         |        |                 |                   |
| Chicken Strip 4 Piece Meal             | Y<br>Whe                |             |          |      |         |       |   | Y    |      |      | Y      |         |        |                 |                   |
| Chicken Strips 4                       | Y<br>Whe                |             |          |      |         |       |   | Y    |      |      | Y      |         |        |                 |                   |
| Chicken Strips 6                       | Y<br>Whe                |             |          |      |         |       |   | Y    |      |      | Y      |         |        |                 |                   |

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| Chicken Strips 6 Piece Meal                       | Y<br>Whe     |             |          |      |         |       |           | Y    |      |      | Y      |         |        |                 |                   |
| Sizzling Soy, Honey & Szechuan Rump Steak Skillet | Y<br>Whe     |             |          |      |         |       |           | Y    |      |      | M      | M       | Y      |                 |                   |
| Piri Piri Chicken Skillet                         |              |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Lamb Merguez Meatballs Skillet                    | Y<br>Whe     |             |          |      |         |       | M<br>Alm  | Y    | Y    |      |        |         |        |                 |                   |
| Hot Honey Grilled Greek Cheese Skillet            |              |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Fries (Skillet choice)                            |              |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Spicy Rice (Skillet Choice)                       |              |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Dirty Fries                                       |              |             |          |      |         |       |           | Y    |      | Y    |        |         |        |                 |                   |
| Side Skin On Fries                                |              |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Chicken & Sticky Belly Pork Bites Combo           |              |             |          |      |         |       |           | Y    |      | Y    | M      | Y       | Y      | Y               |                   |
| Hunters BBQ Chicken Melt                          |              |             |          |      |         |       |           |      |      | Y    | M      | Y       |        |                 |                   |
| 8oz Gammon Steak                                  |              |             |          |      |         |       |           |      |      |      | M      | M       |        |                 |                   |
| Fried Egg (Gammon Choice)                         |              |             |          |      |         |       |           |      | Y    |      |        |         |        |                 |                   |
| Pineapple (Gammon Choice)                         |              |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| 8oz Rump Steak                                    | Y<br>Whe     |             |          |      |         |       |           |      |      |      | M      | M       |        |                 |                   |
| Add Peppercorn Sauce                              |              |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Add Diane Sauce                                   | Y<br>Whe Bar |             |          | Y    |         |       |           |      |      | Y    | M      | Y       |        |                 |                   |

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| Add Chimichurri Salsa                             |                         |             |          |      |         |       |   |      |      |      | M      |         |        | Y               |                   |
| Kids Burger & Fries                               | Y<br>Whe                |             |          |      |         |       |   | Y    | M    | M    |        |         |        | Y               |                   |
| Kids Chicken Nuggets & Fries                      | Y<br>Whe                |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| Sweet Chilli Chicken Wrap                         | Y<br>Whe                |             |          |      |         |       |   |      | Y    | Y    | Y      |         |        |                 |                   |
| Grilled Rump Steak Wrap                           | Y<br>Whe                |             |          |      |         |       |   | Y    |      | Y    | M      |         |        | Y               |                   |
| Mozzarella Sundried Tomato & Basil Pesto Sandwich | Y<br>Whe Rye<br>Bar Oat |             |          |      | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      | Y    |        | M       |        | Y               |                   |
| Garlic Mushroom Vegan Mozzarella Sandwich         | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | M    |      |      | M      | M       | Y      | Y               |                   |
| Chicken Parmigiana                                | Y<br>Whe                |             |          |      |         |       |   | Y    |      | Y    |        | M       |        | Y               |                   |
| Soy, Honey & Szechuan Rump Steak                  | Y<br>Whe                |             |          |      | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | M      | M       | Y      | Y               |                   |
| Fish Butty  | Y<br>Whe                |             |          | Y    |         |       |   | Y    | Y    | Y    | M      | Y       |        | M               |                   |
| Half Day Breakfast                                | Y<br>Whe                |             |          |      |         |       |   |      | Y    |      | M      | M       |        | Y               |                   |
| Add Chicken                                       |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |

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| Add Chorizo                             |                         |             |          |      |         |       |   |      |      | Y    |        |         |        |                 |                   |
| Plain Caesar Salad                      | Y<br>Whe Rye<br>Bar     |             |          | Y    |         |       | M<br>Alm Cas<br>Haz                           |      | Y    | Y    |        | Y       | M      |                 |                   |
| Poke Salad Bowl                         | Y<br>Whe                |             |          |      | M       |       | M<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    |      |      | M      | Y       | Y      | Y               |                   |
| Crispy Chicken Caesar Salad             | Y<br>Whe Rye<br>Bar     |             |          | Y    |         |       | M<br>Alm Cas<br>Haz                           |      | Y    | Y    |        | Y       | M      |                 |                   |
| Add Lemon & Garlic Grilled Chicken      |                         |             |          |      |         |       |   |      |      | Y    | M      |         |        |                 |                   |
| Add Lemon & Garlic Grilled Greek Cheese |                         |             |          |      |         |       |   |      |      | Y    | M      |         |        |                 |                   |
| Add Lemon & Garlic Grilled Prawns       |                         | Y           |          |      |         |       |   |      |      | Y    | M      |         |        | Y               |                   |
| 1 Scoop Tub & Spoon                     |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| 2 Scoop Tub & Spoon                     |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| Biscoff Ice Cream Scoop                 | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    |      | Y    |        |         |        |                 |                   |
| Chocolate Ice cream Scoop               | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    |      | Y    |        |         |        |                 |                   |
| Mint Choc Chip Scoop                    | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    |      | Y    |        |         |        |                 |                   |

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| Raspberry Ripple Scoop              | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | M    |      | Y    |        |         |        |                 |                   |
| Salted Caramel Scoop                | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | M    |      | Y    |        |         |        |                 |                   |
| Strawberry Ice Cream Scoop          | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | M    |      | Y    |        |         |        |                 |                   |
| Vanilla Ice cream Scoop             | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | M    |      | Y    |        |         |        |                 |                   |
| Vegan Raspberry Ripple 120ml Tub    |                         |             |          |      |         |       |                     | M    |      |      |        |         |        |                 |                   |
| Waffle Cone 1 Scoop                 | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | Y    |      |      |        |         |        |                 |                   |
| Waffle Cone 2 Scoop                 | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | Y    |      | M    |        |         |        |                 |                   |
| Dirty Fries                         |                         |             |          |      |         |       |                     | Y    |      | Y    |        |         |        |                 |                   |
| Add Sticky Pork Bites (Dirty Fries) | M<br>Whe                |             |          |      |         |       |                     | Y    |      |      | M      | Y       | Y      | Y               |                   |
| Burger Dirty Fries                  | Y<br>Whe                |             |          |      |         |       |                     | Y    | Y    | Y    |        |         |        | Y               |                   |
| Garlic Ciabatta                     | Y<br>Whe Rye<br>Bar     |             |          |      |         |       | M<br>Alm Cas<br>Haz |      |      | Y    | M      |         | M      |                 |                   |

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| Garlic Ciabatta Cheese                          | Y<br>Whe Rye<br>Bar     |             |          |      |         |       | M<br>Alm Cas<br>Haz |      |      | Y    | M      |         | M      |                 |                   |
| Skin On Fries                                   |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Thick Chips                                     |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Onion Rings                                     | Y<br>Whe                |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Mac & Cheese Pot                                | Y<br>Whe                |             |          |      |         |       |                     | Y    |      | Y    |        | M       |        |                 |                   |
| Side Salad                                      |                         |             |          |      |         |       |                     |      |      |      |        |         |        | Y               |                   |
| Dockyard Party Kids Chicken Nuggets             | Y<br>Whe                |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Dockyard Party Kids Fish Bites                  | Y<br>Whe Bar            |             |          | Y    |         |       |                     |      |      |      |        |         |        |                 |                   |
| Dockyard Party Kids Penne Rigate & Tomato Sauce | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       | M<br>Alm Cas<br>Haz | M    |      |      |        |         | M      | Y               |                   |
| Ellas Kitchen Baby Brekkie Banana Organic       | Y<br>Oat                |             |          |      |         |       |                     |      |      | Y    |        |         |        |                 |                   |
| Ellas Kitchen Chicken Casserole                 |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Ellas Kitchen Strawberries & Apples             |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Ellas Kitchen Strawberry Greek Yoghurt          |                         |             |          |      |         |       |                     |      |      | Y    |        |         |        |                 |                   |
| Kids Chicken Strip Starter                      | Y<br>Whe                |             |          |      |         |       |                     |      |      |      | Y      | Y       |        |                 |                   |

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| Kids Hummus Starter                         | Y<br>Whe                |             |          |      |         |       |                     |      |      |      |        |         | Y      |                 |                   |
| Kids Penne Rigate & Tomato Sauce            | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       | M<br>Alm Cas<br>Haz | M    |      |      |        |         | M      | Y               |                   |
| Kids Fish Bites                             | Y<br>Whe Bar            |             |          | Y    |         |       |                     |      |      |      |        |         |        |                 |                   |
| Kids Chicken Nuggets                        | Y<br>Whe                |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Kids Mac & Cheese                           | Y<br>Whe Rye<br>Bar     |             |          |      |         |       | M<br>Alm Cas<br>Haz | Y    |      | Y    | M      | M       | M      |                 |                   |
| Kids Burger                                 | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |                     | Y    | Y    | Y    |        |         |        | Y               |                   |
| Choice Peas (Kids Menu)                     |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Choice Baked Beans (Kids Menu)              |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Add Cheese Slice (Burger)                   |                         |             |          |      |         |       |                     |      |      | Y    |        |         |        |                 |                   |
| Kids Lasagne                                | Y<br>Whe Rye<br>Bar     |             |          |      |         |       | M<br>Alm Cas<br>Haz | M    | M    | Y    | Y      | M       | M      |                 |                   |
| Kids Katsu Chicken Curry                    | Y<br>Whe                |             |          |      |         |       |                     | Y    |      |      | Y      |         |        |                 |                   |
| Orange Fruit Shoot 200ml (Kids Meal Choice) |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| A&B Fruit Shoot 200ml (Kids Meal Choice)    |                         |             |          |      |         |       |                     |      |      |      |        |         |        |                 |                   |
| Oreo & Nutella S'mores                      | Y<br>Whe                |             |          |      |         |       | Y<br>Haz            | Y    |      | Y    |        |         |        |                 |                   |

| Dish                              | Gluten                  | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts                                     | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|-----------------------------------|-------------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| Berry Ice Lolly                   |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| Rainbow Ice Lolly                 |                         |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| Kids Strawberry Cheesecake Sundae | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    | Y    | Y    |        |         |        |                 |                   |
| Ice Cream Scoop Vanilla           | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | M    |      | Y    |        |         |        |                 |                   |
| Ice Cream Scoop Strawberry        | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | M    |      | Y    |        |         |        |                 |                   |
| Ice Cream Scoop Chocolate         | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    |      | Y    |        |         |        |                 |                   |
| Ice Cream Scoop Salted Caramel    | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | M    |      | Y    |        |         |        |                 |                   |
| Ice Cream Scoop Raspberry Ripple  | M<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | M    |      | Y    |        |         |        |                 |                   |
| Chocolate Brownie                 | Y<br>Whe Rye<br>Bar Oat |             |          |      | M       |       | M<br>Alm Brz<br>Cas Haz<br>Pec Pis<br>Wal     | Y    | Y    | Y    |        |         | M      |                 |                   |
| Toffee Honeycomb Cheesecake       | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       | M<br>Alm Brz<br>Cas Haz<br>Mac Pec<br>Pis Wal | Y    | Y    | Y    |        |         |        |                 |                   |
| Cookie Dough & Ice Cream          | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    | Y    | Y    |        |         |        |                 |                   |

| Dish   | Gluten                  | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts                                 | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|--|-------------------------|-------------|----------|------|---------|-------|---|------|------|------|--------|---------|--------|-----------------|-------------------|
| Raspberry Ripple Sundae                        | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       | M<br>Alm Haz<br>Pec Pis<br>Wal            | Y    | Y    | Y    |        |         |        |                 |                   |
| Biscoff Sundae                                 | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |   | Y    | Y    | Y    |        |         |        |                 |                   |
| Salted Caramel Chocolate Tart                  | Y<br>Whe                |             |          |      | M       |       | Y<br>Alm Brz<br>Cas Haz<br>Pec Pis<br>Wal | Y    | M    |      |        |         |        |                 |                   |
| Vegan Sticky Toffee Pudding                    | Y<br>Whe                |             |          |      | M       |       | M<br>Alm Haz<br>Pec Wal                   | Y    |      |      |        |         |        | Y               |                   |
| Full English Breakfast                         | Y<br>Whe                |             |          |      |         |       |   |      |      | Y    | M      | M       |        | Y               |                   |
| Choice Fried Egg (Lido / ATB Full English)     |                         |             |          |      |         |       |   |      | Y    |      |        |         |        |                 |                   |
| Choice Poached Egg (Lido / ATB Full English)   |                         |             |          |      |         |       |   |      | Y    |      |        |         |        |                 |                   |
| Choice Scrambled Egg (Lido / ATB Full English) |                         |             |          |      |         |       |   |      | Y    |      |        |         |        |                 |                   |
| Bread Choice Brown (Toast w/ Breakfast)        | Y<br>Whe                |             |          |      |         |       | M<br>Unknown                              |      | M    | M    |        |         |        |                 |                   |
| Bread Choice White (Toast w/ Breakfast)        | Y<br>Whe                |             |          |      |         |       |   |      |      |      |        |         |        |                 |                   |
| The Big Full English                           | Y<br>Whe Bar<br>Oat     |             |          |      |         |       |   |      |      | Y    | M      | M       |        | Y               |                   |
| Choice Fried Egg (The Big Lido / ATB)          |                         |             |          |      |         |       |   |      | Y    |      |        |         |        |                 |                   |

| Dish                                      | Gluten   | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|---|----------|-------------|----------|------|---------|-------|-----------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Choice Poached Egg (The Big Lido / ATB)   |          |             |          |      |         |       |           |      | Y    |      |        |         |        |                 |                   |
| Choice Scrambled Egg (The Big Lido / ATB) |          |             |          |      |         |       |           |      | Y    |      |        |         |        |                 |                   |
| The Veggie Breakfast                      | M<br>Whe |             |          |      |         |       |           |      |      | Y    | M      | M       |        |                 |                   |
| Vegan Breakfast                           | Y<br>Whe |             |          |      |         |       |           |      |      | M    | M      | M       |        |                 |                   |
| Shakshuka                                 | Y<br>Whe |             |          |      |         |       |           |      | Y    |      | M      |         |        |                 |                   |
| Add Chorizo                               |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Brioche French Toast                      | Y<br>Whe |             |          |      |         |       |           |      | Y    | Y    |        |         |        | Y               |                   |
| Avocado on Sourdough                      | Y<br>Whe |             |          |      |         |       |           |      | Y    |      | M      | M       | Y      | Y               |                   |
| Kids Sandys Breakfast                     | Y<br>Whe |             |          |      |         |       |           |      | Y    |      |        |         |        | Y               |                   |
| Ultimate Breakfast Roll                   | Y<br>Whe |             |          |      |         |       |           |      | Y    | Y    |        |         |        | Y               |                   |
| Bacon Roll                                | Y<br>Whe |             |          |      |         |       |           |      | Y    | Y    |        |         |        |                 |                   |
| Sausage Roll                              | Y<br>Whe |             |          |      |         |       |           |      | Y    | Y    |        |         |        | Y               |                   |
| Ultimate Breakfast Wrap                   | Y<br>Whe |             |          |      |         |       |           |      | Y    | Y    | M      | M       |        | Y               |                   |

| Dish                                   | Gluten              | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts                      | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|--|---------------------|-------------|----------|------|---------|-------|--------------------------------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Veggie Breakfast Wrap                  | Y<br>Whe            |             |          |      |         |       |                                |      |      | Y    | M      | M       |        | Y               |                   |
| Toast & Preserve                       |                     |             |          |      |         |       |                                |      |      | Y    |        |         |        |                 |                   |
| Bread Choice Brown (Toast & Preserves) | Y<br>Whe            |             |          |      |         |       | M<br>Unknown                   |      | M    | M    |        |         |        |                 |                   |
| Bread Choice White (Toast & Preserves) | Y<br>Whe            |             |          |      |         |       |                                |      |      |      |        |         |        |                 |                   |
| Brioche French Toast Berry Compote     | Y<br>Whe            |             |          |      |         |       | M<br>Alm Haz<br>Pec Pis<br>Wal |      | Y    | Y    |        |         |        |                 |                   |
| Cereal                                 | Y<br>Whe Bar        |             |          |      | Y       | Y     | Y<br>Haz                       | M    |      | Y    |        |         |        |                 |                   |
| Loaded Waffles - Strawberry & Nutella  | Y<br>Whe            |             |          |      |         |       | Y<br>Haz                       | Y    | Y    | Y    |        |         |        |                 |                   |
| Loaded Waffles - Bacon & Syrup         | Y<br>Whe            |             |          |      |         |       |                                | Y    | Y    | Y    |        |         |        |                 |                   |
| Loaded Waffles - Honey & Banana        | Y<br>Whe            |             |          |      |         |       |                                | Y    | Y    | Y    |        |         |        |                 |                   |
| Add Sausage                            | Y<br>Whe            |             |          |      |         |       |                                |      |      |      |        |         |        | Y               |                   |
| Add Bacon                              |                     |             |          |      |         |       |                                |      |      |      |        |         |        |                 |                   |
| Add Black Pudding                      | Y<br>Whe Bar<br>Oat |             |          |      |         |       |                                |      |      |      |        |         |        |                 |                   |
| Add Poached Egg                        |                     |             |          |      |         |       |                                |      | Y    |      |        |         |        |                 |                   |

| Dish                     | Gluten   | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|--------------------------|----------|-------------|----------|------|---------|-------|-----------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Add Scrambled Egg        |          |             |          |      |         |       |           |      | Y    |      |        |         |        |                 |                   |
| Add Fried Egg            |          |             |          |      |         |       |           |      | Y    |      |        |         |        |                 |                   |
| Add Hash Brown           | M<br>Whe |             |          |      |         |       |           |      |      | M    |        |         |        |                 |                   |
| Add Beans                |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Add Mushroom             |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Add Tomato               |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Add Halloumi             |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Add Quorn Sausage        | Y<br>Whe |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Americano (Black)        |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Americano (Black) Decaf  |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Americano (white)        |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Americano (white) Decaf  |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Babyccino SB             |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Camomile Tea SB          |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Cappuccino               |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Cappuccino Decaf         |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Caramel Iced Latte       |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Caramel Iced Latte Decaf |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |

| Dish                           | Gluten   | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|--------------------------------|----------|-------------|----------|------|---------|-------|-----------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Caramel Syrup                  |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Chai Syrup                     |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Cinnamon Syrup                 |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Cranberry & Raspberry Tea SB   |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| De-Caf Tea SB                  |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Deluxe Hot Chocolate (Vending) | Y<br>Whe |             |          |      |         |       |           | Y    |      | Y    |        |         |        |                 |                   |
| Double Espresso                |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Double Espresso Decaf          |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Earl Grey Tea SB               |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| English Breakfast Tea SB       |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Espresso                       |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Espresso Decaf                 |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Extra Espresso Shot (Beans)    |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Extra Milk                     |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Flat White                     |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Flat White Decaf               |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| French Vanilla Syrup           |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Gingerbread Syrup              |          |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Glass of Milk                  |          |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |

| Dish                          | Gluten                  | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|-------------------------------|-------------------------|-------------|----------|------|---------|-------|-----------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Green Tea SB                  |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Hazelnut Syrup                |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Hot Chocolate (Vending)       |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Iced Latte                    |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Iced Latte Decaf              |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Iced Tea Syrup                |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Latte                         |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Latte Decaf                   |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Lemon & Ginger Tea SB         |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Marshmallows                  |                         |             |          |      |         |       |           | M    |      | M    |        |         |        |                 |                   |
| Mocha                         |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Mocha Decaf                   |                         |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Oat Milk                      | Y<br>Whe Rye<br>Bar Oat |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Peppermint Tea SB             |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Pink Guava & Lime Syrup       |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Raspberry & Pomegranate Syrup |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Salted Caramel Syrup          |                         |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Soya Milk                     |                         |             |          |      |         |       |           | Y    |      |      |        |         |        |                 |                   |

| Dish                            | Gluten | Crustaceans | Molluscs | Fish | Peanuts | Lupin | Tree Nuts | Soya | Eggs | Milk | Celery | Mustard | Sesame | Sulphur Dioxide | Unknown Allergens |
|---------------------------------|--------|-------------|----------|------|---------|-------|-----------|------|------|------|--------|---------|--------|-----------------|-------------------|
| Sugar Free Hazelnut Syrup       |        |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Sugar Free Lemon Iced Tea Syrup |        |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Sugar Free Vanilla Syrup        |        |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Take-Away Coffee Cup            |        |             |          |      |         |       |           |      |      |      |        |         |        |                 |                   |
| Vanilla Iced Latte              |        |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Vanilla Iced Latte Decaf        |        |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |
| Whipped Cream                   |        |             |          |      |         |       |           |      |      | Y    |        |         |        |                 |                   |

\* Allergens marked with 'M' may contain that allergen.

 Yes  May Contain

|     | Allergen    |
|-----|-------------|
| Whe | Wheat       |
| Rye | Rye         |
| Bar | Barley      |
| Oat | Oats        |
| Alm | Almonds     |
| Brz | Brazil Nuts |
| Cas | Cashews     |
| Haz | Hazelnuts   |

|     |           |
|-----|-----------|
| Mac | Macadamia |
| Pec | Pecan     |
| Pis | Pistachio |
| Wal | Walnuts   |